

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		8am open 9:30am -morning meeting 10:00 am- Team Tasks/Baking 1:15 pm -- Afternoon Meeting 2:00pm — Team Tasks & Job Development Meeting 2pm —Culinary/Shopping List Meeting	8AM OPEN 9:30 am -morning meeting & Team Tasks 1:15pm —Afternoon Meeting 1:30pm—team tasks & social media	8am open 930 —Morning meeting 10 am —Cook Breakfast & Team Tasks 12:00 pm —Breakfast Buffet 1:15pm afternoon meeting	
6	7	8	9	10	11
8am open 9:30 morning meeting 10am -team tasks & culinary shopping 130pm -afternoon meeting/team task Flower Pick Up	8am open 9:30am -morning meeting 9:45 am —Cook Lunch & Team Tasks 12 pm — Member Lunch 1:30 — Afternoon Meeting 2-3pm —Social Media and Afternoon Tasks	8am open 9:30am -morning meeting 10:00 am- Team Tasks/Baking 1:15 pm -- Afternoon Meeting 2:00pm — Team Tasks & Job Development Meeting 2pm —Culinary/Shopping List Meeting	8AM OPEN 915 –morning meeting 9:30 am -Cook Member Lunch & Team Tasks 1:15pm —Afternoon Meeting 1:30pm—team tasks 2:15PM –SOCIAL media	8am open 930 —Morning meeting 10 am —Cook Breakfast & Team Tasks 12:00 pm —Breakfast Buffet 1:15pm afternoon meeting	
13	14	15	16	17	18
8am open 9:30 morning meeting 10 am —Team Tasks & Culinary/Supply Shopping 1:30pm —afternoon meeting /Team Task	8am open 9:30am -morning meeting 9:45 am —Cook Lunch & Team Tasks 12 pm — Member Lunch 1:30 — Afternoon Meeting 2-3pm —Social Media and Afternoon Tasks	8am open 9:30am -morning meeting 10:00 am- Team Tasks/Baking 1:15 pm -- Afternoon Meeting 2:00pm — Team Tasks & Job Development Meeting 2pm —Culinary/Shopping List Meeting	8AM OPEN 9:15 am-morning meeting 9:30am—cook member lunch & team tasks 12pm-member lunch 1:15pm –afternoon meeting 2pm social media	8am open 915am —Morning meeting 9:30 am —Cook Breakfast & Team Tasks 12:00 pm —Breakfast Buffet 1:15pm afternoon meeting Friday Social 2:30pm-5:30pm Nature Walk	Art for the Heart 10am –2pm
20	21	22	23	24	25
8am open 9:30 morning meeting 10am -team tasks & culinary shopping 130pm -afternoon meeting/team task Flower Pick Up	8am open 9:30am -morning meeting 9:45 am —Cook Lunch & Team Tasks 12 pm — Member Lunch 1:30 — Afternoon Meeting 2-3pm —Social Media and Afternoon Tasks	8am open 9:30am -morning meeting 10:00 am- Team Tasks/Baking 1:15 pm -- Afternoon Meeting 2:00pm — Team Tasks & Job Development Meeting 2pm —Culinary/Shopping List Meeting	8AM OPEN 9:15 am-morning meeting 9:30am—cook member lunch & team tasks 12pm-member lunch 1:15pm –afternoon meeting 2pm social media	8am open 915am —Morning meeting 9:30 am —Cook Breakfast & Team Tasks 12:00 pm —Breakfast Buffet 1:15pm afternoon meeting	
27	28	29	30		
8am open 9:30 morning meeting 10 am —Team Tasks & Culinary/Supply Shopping 1:30pm —afternoon meeting /Team Task	8am open 9:30am -morning meeting 9:45 am —Cook Lunch & Team Tasks 12 pm — Member Lunch 1:30 — Afternoon Meeting 2-3pm —Social Media and Afternoon Tasks	8am open 9:30am -morning meeting 10:00 am- Team Tasks/Baking 1:15 pm -- Afternoon Meeting 2:00pm — Team Tasks & Job Development Meeting 2pm —Culinary/Shopping List Meeting	8AM OPEN 9:15 am-morning meeting 9:30am—cook member lunch & team tasks 12pm-member lunch 1:15pm –afternoon meeting 2pm social media		

April 2026



Fern Street Clubhouse

909 Fern Street
West Palm Beach, FL
33401

561-832-3755 (1)

Our Mission is to create a supportive community where all people can flourish.

~Mental Health America
of the Palm Beaches

www.MentalHealthPBC.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday /Sun
		1	2	3	4/5
		8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support ALL FOOLS DAY	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	EASTER SUNDAY
6	7	8	9	10	11/12
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Flawless Group 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	
13	14	15	16	17	18/19
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm—Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11am—S/A Group 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	SATURDAY ART FOR THE HEART
20	21	22	23	24	25/26
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Flawless Group 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	
27	28	29	30		
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—S/A Group 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music 1 pm—3 pm—Individual Support		

April 2026



MHA Peer Place North

909 Fern Street

West Palm Beach, FL. 33407

561-832-3755

www.MentalHealthPBC.org

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of the Palm Beaches

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm -Education Prep 1pm-3pm Individual Goals Clean Up Time	
6	7	8	9	10	11
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu/List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals Clean Up Time	
13	14	15	16	17	18
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu/List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep-Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals Clean Up Time	
20	21	22	23	24	25
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu/List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals Clean Up Time	Saturday Social GAME DAY At Glades Clubhouse 10am-12pm
27	28	29	30		
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu/List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air- Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep-Health 2pm-3pm- Interview Prep		

APRIL 2026



MHA Glades Clubhouse

1101 W Ave A
Belle Glade Florida 33430
561-832-3755
Select 3 for Glades
www.MentalHealthPBC.org

Hours: 8am-3:30pm

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