

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8
8am open 9:30 morning meeting 10am-team tasks & culinary 1pm flower pickup 1:30m-afternoon meeting/team tasks 3:30pm—Close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am—Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—Close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	
10	11	12	13	14	15
8am open 9:30 morning meeting 10am- team tasks & culinary/ 1:30pm-afternoon meeting/ team task 3:30pm—close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am—Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—close SOCIAL 3:30-5:30pm—Bulk Candy Store Tour	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	
17	18	19	20	21	22
8am open 9:30 morning meeting 10 am—Team Tasks & Culinary 1pm-Flower Pick Up 1:30pm—afternoon meeting/ Team Task 3:30PM—Close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am—Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—Close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	Art for the Heart 10am –2pm @the Club- house
24	25	26	27	28	29
8am open 9:30-morning meeting 10am-team tasks & Culinary 1:30pm-afternoon meeting/ team task 3:30pm—Close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am—Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—Close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	
31					
8am open 9:30-morning meeting 10am-team tasks & Culinary/ 1:30m-afternoon meeting/team task					

August

2026

Fern Street Clubhouse

909 Fern Street

West Palm Beach, FL
33401

561-832-3755 (1)

Our Mission is to create
a supportive community
where all people can
flourish.

~Mental Health America
of the Palm Beaches

www.MentalHealthPBC.org



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday /Sun
3	4	5	6	7	8/9
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—S/A Group 1 pm—3 pm— Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm— Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm— Open Process	
10	11	12	13	14	15/16
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Flawless Group 1 pm—3 pm— Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm— Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	CLOSED ALL STAFF MEETING	
17	18	19	20	21	22/23
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm—Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11am—S/A Group 1 pm—3 pm— Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm— Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm— Open Process	ART FOR THE HEART 10-2
24	25	26	27	28	29/30
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Flawless Group 1 pm—3 pm— Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm— Open Process	
31					
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group					

**August
2026**



**MHA
Peer Place North**

909 Fern Street

West Palm Beach, FL. 33407

561-832-3755

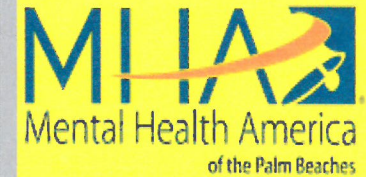
www.MentalHealthPBC.org

**Our Mission is to
create a supportive
community where all
people can flourish.**

~Mental Health America
of the Palm Beaches

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1
3	4	5	6	7	8
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting- Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm-Education Prep 1pm-3pm Individual Goals Clean Up Time 5pm-7pm-Employment Celebration Dinner 'Evening Social'	
11	12	13	14	15	16
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting-Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises- Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- 31Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep-Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals	
18	19	20	21	22	23
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting-Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm-Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals Clean Up Time	
25	26	27	28	29	30
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting-Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals Clean Up Time	

August 2026



MHA Glades Clubhouse

1101 W Ave A

Belle Glade Florida 33430

561-832-3755

Select 3 for Glades

www.MentalHealthPBC.org

Hours: 8am-3:30pm

**Our Mission is to
create a supportive
community where all
people can flourish.**

~Mental Health America of
the Palm Beaches