

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
8am open 9:30 morning meeting 10am-team tasks & culinary 1pm flower pickup 1:30m-afternoon meeting/team tasks 3:30pm—Close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am-Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—Close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	
7	8	9	10	11	12
8am open 9:30 morning meeting 10am-team tasks & culinary Half Day Close at 12:00	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am-Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	
14	15	16	17	18	19
8am open accreditation 9:30 morning meeting 10 am—Team Tasks & Culinary 1pm-Flower Pick Up 1:30pm—afternoon meeting/Team Task 3:30PM—Close	8am open accreditation 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close Employment Dinner 4:00—6:00 at the Clubhouse	8am open accreditation 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am-Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—Close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	Talent Show 2:30—5:30 at the clubhouse
21	22	23	24	25	26
8am open 9:30-morning meeting 10am-team tasks & Culinary 1:30pm-afternoon meeting/team task 3:30pm—Close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close	8AM OPEN 930—morning meeting 10am-Cook Member Lunch & Team Tasks 1:30pm —team tasks 2:00p— team tasks 3:30pm—Close	8am open 930am —Morning meeting 10am— Team Tasks 12:00 pm—Brunch 1:30pm afternoon meeting 3:30PM—Close	
28	29	30			
8am open 9:30-morning meeting 10am-team tasks & Culinary/ 1:30m-afternoon meeting/team task 3:30PM—Close	8am open 9:30am-morning meeting 9:45 am—Cook Lunch & Team Tasks 12 pm— Member Lunch 1:30— Afternoon Meeting 2-3pm—Afternoon Tasks 3:30pm—Close	8am open 9:30am-morning meeting 10:00 am— Team Tasks/Baking 1:30pm— Afternoon Meeting 200pm— Team Tasks 3:30— Close			

September

2026

Fern Street Clubhouse

909 Fern Street

West Palm Beach, FL
33401

561-832-3755 (1)

**Our Mission is to create
a supportive community
where all people can
flourish.**

~Mental Health America
of the Palm Beaches

www.MentalHealthPBC.org



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday /Sun
	1	2	3	4	5/6
	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Art and Music 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	
7	8	9	10	11	12/13
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group CLOSE AT 12 Happy Labor Day !	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Art and Music 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	
14	15	16	17	18	19/20
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm—Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Art and Music 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group 1 pm—3 pm—Individual Support	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	Saturday— Talent Show 2:30-5:30
21	22	23	24	25	26/27
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group 1 pm—3 pm— Art	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Art and Music 1 pm—3 pm—Open Process Group	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths 11 am—Journaling Group	8:00 am—Coffee Talk 10 am—Mindfulness Group 11 am—Art/music	8:00 am—Coffee Talk 11 am—Movie Day 1 pm—3 pm—Open Process	
28	29	30			
8:00 am—Coffee Talk 10 am—Gratitude Group 11 am—Open Process Group	8:00 am—Coffee Talk 10 am—WRAP Plan Development 11 am—Art and Music	8:00 am—Coffee Talk 9 am—Body Movement 10 am—Finding Your Strengths			

September 2026



MHA Peer Place North

909 Fern Street

West Palm Beach, FL. 33407

561-832-3755

www.MentalHealthPBC.org

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~Mental Health America
of the Palm Beaches

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	8am-9am- Morning Set-up/Meeting- Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm-Education Prep 1pm-3pm Individual Goals Clean Up Time	
7	8	9	10	11	12
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting- Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals	
14	15	16	17	18	19
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting- Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- 31 Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep-Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals	
21	22	23	24	25	26
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting- Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Wellness Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals	8am-9am- Morning Set-up/Meeting 9am-10am- Nature Walk & Fresh Air-Cycling 10am-12pm-Culinary Lunch 1pm-2pm- Education Prep- Health 2pm-3pm- Interview Prep	8am-9am- Morning Set-up/Meeting 9am-10:30am- Breakfast 10:30am-12pm- Education Prep 1pm-3pm Individual Goals Clean Up Time	"Saturday Social" 12pm-2pm Wellington Mall
28	29	30			
8am-9am- Morning Set-up/Meeting 9am-10am- Education Prep 10am-12pm- Individual Goals 12pm-1pm- Plan Menu List 1pm-2:30pm- Wellness Snacks (Smoothies)	8am-9am- Morning Set-up/Meeting- Breakfast 9am-10am- Nature Walk & Fresh Air 10am-12pm- Wellness Education Exercises - Flawless 1pm-2pm- Computer Fundamentals 2pm-3pm- Exercises	8am-9am- Morning Set-up/Meeting 9:30-11:30am- Shopping for Clubhouse 12pm-1pm- Lunch 1pm-2pm- Computer Fundamentals 2pm-3pm- Individual Goals			

September 2026



MHA Glades Clubhouse

1101 W Ave A

Belle Glade Florida 33430

561-832-3755

Select 3 for Glades

www.MentalHealthPBC.org

Hours: 8am-3:30pm

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~Mental Health America of
the Palm Beaches